
Programme on Sex, Intimacy, and Love

*March 19-20, 2010
Maliotis Cultural Center
Hellenic College
50 Goddard Avenue
Brookline, MA*

Session II: The Search for Intimacy

Sponsored by

*Institute of Medicine, Psychology, and Religion
The Nicholas Kambouras Scholarship &
Hellenic College*

What is intimacy?

How do I achieve and maintain intimacy

How do I sustain intimacy?

How is intimacy enhanced by spiritual life?

How do the disciplines of medicine, psychology, and religion enhance our holistic understanding of sex, intimacy, and love?

Open to clergy, health professionals, couples, young adults, singles, and teens

This conference will:

- *Explore practical understandings of intimacy.*
- *Clarify what makes relationships work? Attendees will engage in exercises to understand qualities that support healthy friendships and intimate relationships*
- *Discuss intimacy as it relates to all aspects of our being: self, other, God*
- *Engage various professional voices to engage lively exchange on critical components of the relationship between sex, intimacy, and love.*
- *Provide lively exchange on various topics of sex, marriage, and gender issues.*
- *Discuss intimacy as it relates to all aspects of our being: self, other, God*
- *Address steps toward creating a healthy, holistic, and God-honoring intimate life.*

Conference Schedule

FRIDAY

10 AM WELCOME
JOHN CHIRBAN
DR. LILY MACRAKIS

KEYNOTE: What is Intimacy?

TIMOTHY PATITSAS, PH.D.

10:30 Intimacy With God

REV. PETER CHAMBERAS PH.D.
GINI RULMAN M.DIV.

11:15 Teenagers And Intimacy

ATHINA-ELENI MAVROUDHIS, LICSW

12-1:30 LUNCH BREAK

1:30 Intimacy in Marriage

REV. ALEX CHETSAS
MARRIAGE FAMILY ENRICHMENT PROGRAM

2:15 Parents And Intimacy

DR. JOHN CHIRBAN

3:00 Intimacy in the Life Cycle

JOHN PAPSON, LICSW
EMMANUEL KARAVOUSANOS

3:45 Special Topics in Intimacy

PHILLIP ABRAMSON

SATURDAY

10-12:30

(SELECT ONE)

A. INTIMACY WITH GOD

Workshop: Developing Spiritual Intimacy with God

B. TEENAGERS AND INTIMACY

Workshop: How Teenagers Got Their Name; How Do Teens Interpret Intimacy? (from parents, friends, girlfriend/boyfriend)

C. INTIMACY IN MARRIAGE

Workshop: Defining Your Needs (Affection, Communication, Trust, Giving)

12:30-2 LUNCH

2-3:30

(SELECT ONE)

A. PARENTS AND INTIMACY

Workshop: Developing Intimacy With Your Children

B. INTIMACY AND THE LIFE CYCLE

Workshop: Intimate Relationships Verses Casual Friendships—Changing Intimacy in the Life Cycle

C. SPECIAL TOPICS IN INTIMACY

Workshop: Repairing Levels of Trust After Intimacy is Damaged

4 CLOSING SYMPOSIUM

For registration and more information, please see www.inmpr.org or write to Conference on The Search for Intimacy; P. O. Box 222; Carlisle, Ma. 01741.